



ARDVRECK MENU

HONOR PRAEMIUM VIRTUTIS

AUTUMN 2022

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

BREAKFAST

LUNCH

SUPPER

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

CEREAL, PORRIDGE, FRUIT & YOGHURT
HOMEMADE BREAD WITH HONEY & JAM

BRUNCH

Sausage, bacon, eggs, mushrooms, baked beans, hash browns.
Fruit juice & croissants

A comprehensive salad bar and baked potatoes with assorted fillings are also offered at every lunch and supper.

Meat Platter
Berries
Pastries

Locally sourced
Lorne sausage

Pain au chocolat
Fruit Smoothie

Roasted mushrooms & grilled bacon

Meat Platter
Berries
Pastries

Croque Monsieur

CHICKEN

Sweet & Sour chicken served with basmati rice

PASTA

Penne pasta carbonara

BEEF

Savoury, locally sourced mince served with baby potatoes and steamed broccoli

CHICKEN

Roasted butter chicken served with basmati rice and naan bread

FISH

Grilled, breaded haddock served with chunky chips and peas

CHICKEN

Creamy chicken pie served with potato croquettes and baby sweetcorn

Vegetarian
Sweet & Sour Quorn Chunks

Vegetarian
Roasted vegetable pasta

Vegetarian
Quorn mince

Vegetarian
Roasted vegetable curry

Vegetarian
Grilled mozzarella sticks

Vegetarian
Vegetable pasta bake

Dessert
Artic roll & raspberry sauce

Dessert
Syrup pudding & homemade custard

Dessert
Vanilla ice-cream with sprinkles

Dessert
Lemon drizzle & homemade custard

Dessert
Freshly baked carrot cake

Dessert
Jelly served with peaches & cream

SUNDAY ROAST

Full Sunday Roast including roast beef, roast potatoes, Yorkshire pudding & steamed vegetables.

FISH

Chunky fish fingers served with French fries and steamed vegetables

BEEF

Locally sourced Scotch pie served with mashed potatoes and beans

CHICKEN

Grilled chicken pesto pasta served with fresh garlic bread

BEEF BURGER

Beef burger in a brioche bun with cheese slice, relish & French fries

PASTA

Spaghetti in a grilled vegetable sauce served with fresh baguette and grated cheese

BEEF

Cottage pie, using locally sourced minced beef, served with steamed carrots and broccoli

Vegetarian
Quorn fillet with Sunday Roast trimmings

Vegetarian
Grilled mozzarella sticks

Vegetarian
Vegetarian sausage roll

Vegetarian
Grilled vegetable pesto pasta

Vegetarian
Vegetarian burger

Dessert
Ice-cream

Vegetarian
Quorn Cottage pie

Dessert
Teacake

Dessert
Fruit platter & yoghurt

Dessert
KitKat and pineapple wedges

Dessert
Chocolate chip muffin

Dessert
Mixed fruit platter

Dessert
Cheese & biscuits

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BREAKFAST

LUNCH

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CEREAL, PORRIDGE, FRUIT & YOGHURT
HOMEMADE BREAD WITH HONEY & JAM

BRUNCH

Sausage, bacon, eggs, mushrooms, baked beans, hash browns.
Fruit juice & croissants.

A comprehensive salad bar and baked potatoes with assorted fillings are also offered at every lunch and supper.

Meat Platter
Melon Wedges

Hash Browns
Baked Beans

Meat Platter
Berries
Mixed Pastries

Roasted mushrooms & grilled bacon

Pain au chocolat
Fruit Smoothie

Croque Monsieur

CHICKEN

Garlic chicken & sweetcorn served with udon noodles & steamed broccoli

Vegetarian
Vegetable stir-fry

Dessert
Mars bar krispie cake

BEEF

Taco Tuesday!
Locally sourced minced beef served with all the taco trimmings

Vegetarian
Quorn mince

Dessert
Chocolate chip mint ice-cream

CHICKEN

Grilled sweet chilli chicken fillets served with potato croquettes & green beans

Vegetarian
Quorn fillet

Dessert
Greek yoghurt, honey & berries

BEEF

Freshly baked lasagne served with warm garlic bread

Vegetarian
Freshly made vegetable lasagne

Dessert
Chocolate sponge cake

FISH

Grilled salmon served with baby potatoes and petit pois

Vegetarian
Fishless fillets

Dessert
Cheescake

BEEF

Chilli con carne, made from locally sourced mince, served with basmati rice & Tzatziki

Vegetarian
Chilli non carne

Dessert
Chocolate mousse & fruit

PORK

Roast pork served with roast potatoes, Yorkshire pudding, cauliflower au Gratin & gravy

Vegetarian
Quorn fillet

Dessert
Teacake

BEEF

Local butchers steak pie served with baby potatoes & steamed carrots

Vegetarian
Mushroom Stroganoff

Dessert
Assorted fruit yoghurt

PASTA

Macaroni Cheese or Tomato & bacon pasta bake

Dessert
Lemon muffin

BEEF

Mince pie served with creamy mashed potatoes and peas

Vegetarian
Quorn mince pie

Dessert
Fruit platter & biscuit

CHICKEN

Grilled chicken fajitas served with sour cream, guacamole and grated cheese

Vegetarian
Roasted vegetable fajita filling

Dessert
Chocolate brownie

BEEF

Steak Frites served with grilled onion rings

Vegetarian
Grillied Quorn fillets

Dessert
Crème caramel

PIZZA

Grilled chicken or Margherita pizza served with potato wedges and garlic mayo

Dessert
Fruit ice-lolly

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

BREAKFAST

LUNCH

SUPPER

WEEK

THREE

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

CEREAL, PORRIDGE, FRUIT & YOGHURT
HOMEMADE BREAD WITH HONEY & JAM

BRUNCH

Sausage, bacon, eggs, mushrooms, baked beans, hash browns.
Fruit juice & croissants.

A comprehensive salad bar and baked potatoes with assorted fillings are also offered at every lunch and supper.

Local butcher's speciality sausages

SPAGHETTI BOLOGNESE

Vegetarian
Quorn Bolognese

Dessert
Raspberry pavlova

Meat Platter
Berries
Mixed Pastries

PORK

Locally sourced smoked gammon steak served with sliced pineapple, potato croquettes and steamed carrots

Vegetarian
Quiche

Dessert
Apple crumble & homemade custard

Pain au chocolat
Fruit Smoothie

BEEF

Italian-style meatball tagliatelle in a roasted tomato sauce

Vegetarian
Quorn balls

Dessert
Chocolate fudge cake & cream

Roasted mushrooms & grilled bacon

CHICKEN

Homemade chicken Tikka Masala served with basmati rice and naan bread

Vegetarian
Vegetable Tikka Masala

Dessert
Caramel flan

Locally sourced Lorne sausage

FISH

Grilled, breaded haddock served with chunky chips and peas

Vegetarian
Grilled mozzarella sticks

Dessert
Bakewell slice and homemade custard

Croque Monsieur

BEEF

Scotch beef Cottage pie served with steamed broccoli florets

Vegetarian
Roasted vegetable pasta bake

Dessert
Ice-cream

TURKEY

Roast turkey served with roast potatoes, Yorkshire pudding, baby sweetcorn & steamed carrots

Vegetarian
Quorn fillet

Dessert
Teacake

CHICKEN

Chicken chorizo & prawn paella served with warm garlic bread

Vegetarian
Ratatouille

Dessert
Cheese & biscuits

PORK

Sausage & tomato pasta bake

Vegetarian
Vegetable pasta bake

Dessert
Biscuit & grapes

Freshly made fish goujons served with chunky chips & baked beans

Vegetarian
Feta & spinach goujons

Dessert
Fruit platter & yoghurt

Local butcher's sausage rolls served with creamy mashed potatoes and steamed vegetables

Vegetarian
Vegetarian sausage roll

Dessert
Fruit yoghurt

CHICKEN

Roast chicken served with egg fried rice and sweetcorn

Vegetarian
Quorn fillet

Dessert
Chocolate chip muffin

Sausage casserole

Vegetarian
Vegetarian casserole

Dessert
Chunky sponge