



ARDVRECK MENU

8th - 21st November

BREAKFAST

LUNCH

SUPPER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

CEREAL, PORRIDGE OR YOGURT

HOMEMADE BREAD WITH HONEY & JAM

Homemade
crispy bacon
rashers

Pain au chocolat

Cold meats
Berries
Mixed pastries

Hash browns
Baked beans

Pancakes &
maple syrup

**MINCE &
TATTIES**

Vegetarian
Quorn Mince

Dessert
Vanilla ice cream
with optional
sprinkles and
sauce

BEEF

Locally sourced beef
and vegetable stew
with potato
croquettes and fine
green beans.

Vegetarian
Ratatouille

Dessert
Chocolate fudge
cake & cream

CHICKEN

Chicken casserole &
tagliatelle.

Vegetarian
Vegetable pasta bake

Dessert
Homemade Bakewell
slice & custard

CHICKEN

Sweet and sour
chicken with noodles
and prawn crackers.

Vegetarian
Sweet and sour
vegetable stir-fry

Dessert
Warm chocolate
brownie

FISH

Salmon fillet with
lemon crust served
with baby steamed
potatoes and petit
pois.

Vegetarian
Spinach & feta
goujons

Dessert
Homemade apple
crumble & custard

EXEAT

EXEAT

SAUSAGES

Butchers sausages
with creamy
mashed potatoes
and baked beans

Vegetarian
Quorn Sausages

Dessert
Assorted fruit
yoghurt

CHICKEN

Sweet chilli chicken
with rice & peas.

Vegetarian
Sweet chilli
vegetable stir-fry

Dessert
Penguin &
watermelon

COTTAGE PIE

Homemade Cottage
pie with broccoli

Vegetarian
Veggie Cottage pie
with broccoli

Dessert
Chocolate chip
muffin

BEEF BURGER

Beef burger in a bun
with cheese slice,
relish and French
fries

Vegetarian
Vegetarian burger

Dessert
KitKat & melon

EXEAT

BREAKFAST
LUNCH
SUPPER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

CEREAL, PORRIDGE, FRUIT & YOGHURT

HOMEMADE BREAD WITH HONEY & JAM

Pancakes & maple syrup

Cold meats
Berries
Mixed pastries

Omlette

Pan au chocolat

Croque Monsieur

BRUNCH

Sausage, bacon, eggs, mushrooms, baked beans, hash browns.
Fruit juice & croissants.

BEEF

Butchers sausage & vegetable casserole with baby potatoes & peas.

PORK

Smoked gammon & pineapple, potato croquettes & carrot batons

BEEF

Homemade meatballs in tomato sauce with tagliatelle & parmesan

BEEF

Homemade beef lasagne

FISH

Salmon and parsley fishcakes with chunky chips & petit pois

BEEF

Scotch beef steak pie with potato croquettes & steamed broccoli

A comprehensive salad bar and baked potatoes with assorted fillings are also offered at every lunch and supper.

Vegetarian

Quorn sausage casserole

Dessert

Artic roll

Vegetarian

Vegetarian pastry

Dessert

Chocolate chip steamed pudding

Vegetarian

Quorn-balls

Dessert

Greek yoghurt, honey & mixed berries

Dessert

Banoffee tart

Vegetarian

Vegetable quiche

Dessert

Homemade carrot cake

Vegetarian

Cheese and onion pastry

Dessert

Magnum ice-cream

BEEF

Roast Scotch beef & gravy, with roast potatoes, Yorkshire pudding, carrots & peas

PASTA

Homemade macaroni cheese with crispy bacon & fresh baguette

BEEF

Beef mince pie with golden pastry top, chunky chips & peas

PORK

Sausage roll with creamy mashed potatoes & baked beans

CHICKEN

Chicken kiev, oven roasted potatoes & sweetcorn

VEGETABLE

Homemade lentil soup, freshly baked rolls (fill your own)

SEAFOOD

Chorizo & prawn paella, with garlic bread

Vegetarian

Baked potato

Dessert

Teacake

Vegetarian

Homemade macaroni cheese & fresh baguette

Dessert

Fresh fruit platter

Vegetarian

Vegetable quiche

Dessert

Cheese & biccuits

Vegetarian

Vegetarian sausage roll

Dessert

Penguin biscuit & grapes

Vegetarian

Vegetarian kiev

Dessert

Fresh fruit platter

Dessert

Chocolate brownie

Vegetarian

Vegetable stir-fry

Dessert

Homemade flapjack