



ARDVRECK

MENU

2022

BREAKFAST

LUNCH

SUPPER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

CEREAL, PORRIDGE, FRUIT & YOGHURT

HOMEMADE BREAD WITH HONEY & JAM

Crispy bacon rashers

Pain au chocolat

Cold meats
Berries
Mixed pastries

Hash browns
Baked beans

Pancakes & maple syrup

Croque Monsieur

BRUNCH

Sausage, bacon, eggs, mushrooms, baked beans, hash browns.
Fruit juice & croissants.

SPAGHETTI BOLOGNESE

Vegetarian

Quorn Bolognese

Dessert

Vanilla ice-cream with optional sprinkles & sauce

BEEF

Locally sourced beef and vegetable stew with potato croquettes & fine green beans.

Vegetarian
Ratatouille

Dessert

Chocolate fudge cake & cream

CHICKEN

Chicken Chasseur herbie cous cous.

Vegetarian

Vegetable pasta bake

Dessert

Homemade Bakewell slice & custard

CHICKEN

Sweet and sour chicken with noodles & prawn crackers.

Vegetarian

Sweet & sour vegetable stir-fry

Dessert

Warm chocolate brownie

FISH

Salmon fillet with lemon crust served with baby steamed potatoes & petit pois

Vegetarian

Spinach & feta goujons

Dessert

Homemade apple crumble & custard

BEEF

Scotch beef Cottage pie served with steamed broccoli florets

Vegetarian

Quorn mince & vegetable pie

Dessert

Chocolate mousse & peach slices

A comprehensive salad bar and baked potatoes with assorted fillings are also offered at every lunch and supper.

PORK

Roast pork with oven roasted potatoes, Yorkshire pudding, cauliflower au Gratin & gravy

Vegetarian

Baked potato

Dessert

Teacake

SAUSAGES

Butchers sausages with creamy mashed potatoes & baked beans

Vegetarian

Quorn Sausages

Dessert

Assorted fruit yoghurt

FISH

Chunky cod fish fingers with chunky chips & petit pois

Vegetarian

Vegetarian sausage roll

Dessert

Penguin biscuit & grapes

PORK

Pork loin with roasted carrots & parsnips served with rice

Vegetarian

Cheese & onion pastry

Dessert

Chocolate chip muffin

BEEF BURGER

Beef burger in a bun with cheese slice, relish & French fries

Vegetarian

Vegetarian burger

Dessert

Mixed fruit platter

PASTA

Sausage & tomato pasta bake served with garlic bread

Vegetarian

Roasted vegetable pasta

Dessert

Flapjack

PIZZA

Pepperoni or Margherita pizza served with a milkshake

Dessert

KitKat with pineapple wedge

WEEK ONE

BREAKFAST
LUNCH
SUPPER

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

CEREAL, PORRIDGE, FRUIT & YOGHURT

HOMEMADE BREAD WITH HONEY & JAM

Hash browns & baked beans

Pancakes & maple syrup

Cold meats
Berries
Mixed pastries

Omlette

Pan au chocolat

Croque Monsieur

BRUNCH

Sausage, bacon, eggs, mushrooms, baked beans, hash browns.
Fruit juice & croissants.

BEEF

Butchers sausage & vegetable casserole with baby potatoes & peas.

PORK

Smoked gammon & pineapple, potato croquettes & carrot batons

BEEF

Homemade meatballs in tomato sauce with tagliatelle & parmesan

BEEF

Homemade beef lasagne

FISH

Salmon and parsley fishcakes with chunky chips & petit pois

BEEF

Scotch beef steak pie with potato croquettes & steamed broccoli

A comprehensive salad bar and baked potatoes with assorted fillings are also offered at every lunch and supper.

Vegetarian

Quorn sausage casserole

Dessert

Artic roll

Vegetarian

Vegetarian pastry

Dessert

Chocolate chip steamed pudding

Vegetarian

Quorn-balls

Dessert

Greek yoghurt, honey & mixed berries

Dessert

Banoffee tart

Vegetarian

Vegetable quiche

Dessert

Homemade carrot cake

Vegetarian

Cheese and onion pastry

Dessert

Magnum ice-cream

BEEF

Roast Scotch beef & gravy, with roast potatoes, Yorkshire pudding, carrots & peas

PASTA

Homemade macaroni cheese with crispy bacon & fresh baguette

BEEF

Beef mince pie with golden pastry top, chunky chips & peas

PORK

Sausage roll with creamy mashed potatoes & baked beans

CHICKEN

Chicken kiev, oven roasted potatoes & sweetcorn

VEGETABLE

Homemade lentil soup, freshly baked rolls (fill your own)

SEAFOOD

Chorizo & prawn paella, with garlic bread

Vegetarian

Baked potato

Dessert

Teacake

Vegetarian

Homemade macaroni cheese & fresh baguette

Dessert

Fresh fruit platter

Vegetarian

Vegetable quiche

Dessert

Cheese & biccuits

Vegetarian

Vegetarian sausage roll

Dessert

Penguin biscuit & grapes

Vegetarian

Vegetarian kiev

Dessert

Fresh fruit platter

Dessert

Chocolate brownie

Vegetarian

Vegetable stir-fry

Dessert

Homemade flapjack

BREAKFAST
LUNCH
SUPPER

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

CEREAL, PORRIDGE, FRUIT & YOGHURT
HOMEMADE BREAD WITH HONEY & JAM



Sausages

Bacon

Cold meats
Berries
Mixed pastries

Pan au chocolat

Boiled eggs

Croque Monsieur

BRUNCH

Sausage, bacon, eggs, mushrooms, baked beans, hash browns.
Fruit juice & croissants.

BEEF

Beef & vegetable chilli con carne with basmati rice

LAMB

Scotch lamb Provencal with minted cous cous

CHICKEN

Golden butter chicken, rice & naan bread

PASTA

Penne pasta carbonara with parmesan & garlic bread

FISH

Oven baked breaded haddock with chunky chips & petit pois

CHICKEN

Creamy chicken pie with mashed potatoes & sweetcorn

A comprehensive salad bar and baked potatoes with assorted fillings are also offered at every lunch and supper.

Vegetarian
Quorn and vegetable chilli non-carne

Vegetarian
Ratatouille

Vegetarian
Vegetable curry

Vegetarian
Vegetable pasta bake

Vegetarian
Vegetable quiche

Vegetarian
Cheese & onion pastry

Dessert
Mars bar Krispie cake

Dessert
Homemade caramel flan

Dessert
Homemade chocolate sponge cake

Dessert
Raspberry pavlova

Dessert
Fruit jelly & peaches

Dessert
Lemon drizzle sponge cake & custard

CHICKEN

Roast chicken with roast potatoes, Yorkshire pudding, gravy, carrots & broccoli

PASTA

Pesto pasta spirals with garlic bread & milkshakes

CHICKEN

Chicken burger in a bun with fries

FAJITAS

Steak or vegetable fajitas with sour cream, guacamole & salsa

CHICKEN

Chicken goujons, chunky chips & baked beans

SPAGHETTI

Homemade tomato & vegetable sauce with fresh baguette

TACOS

Beef, chicken or vegetable tacos, guacamole, sour cream & salsa

Vegetarian
Baked potato

Dessert
Fruit & yoghurt

Vegetarian
Vegetable burger

Dessert
Choc Ice

Vegetarian
Spinach & feta goujons

Dessert
Cheese and biscuits

Dessert
Fresh fruit platter

Dessert
Teacake

Dessert
Mixed fruit platter

Dessert
Blueberry muffin

WEEK THREE